



# THORNHILL PRIMARY SCHOOL

**FRIDAY 3rd February 2023**



## WHOLE SCHOOL MESSAGE

The children had an amazing time on the residential. It was a fantastic hotel in an excellent location and the children were great fun and gave everything a go. They took part in a wide range of activities and supported and encouraged one another. They explored and embraced the outdoors and reaped the benefits! The food was delicious and they all got to enjoy a hot chocolate and a bedtime story at the end of their busy day!

Going on a residential trip encourages children to step out of their comfort zone and embrace the world without their parents. We appreciate that for many of our children, this was their first time away from home, or one of only a few times away from home previously, it was a big step and a great achievement. This experience will have developed their self-confidence and resilience and they have had lots of fun with lots of laughter. They are now asking about where we can go next!

I want to say a huge thank you to Mrs. Murray, Mrs. Temple and Mrs. Harrison for supporting this and enabling this trip to happen - Thank you!

As a reminder and a follow up to the letter earlier in the week, please can you ensure your child brings the right PE kit, this needs to be in line with our policy.

We wrote to you earlier in the week to invite you to join your child/ren for lunch on the 14th February. We hope you will be able to join us, please do confirm this by returning the slip or speaking with Mrs. Harman by the 6th February.

We have all enjoyed number day today, a mega day of Math's to support the NSPCC. We have also enjoyed our book swap event. These 2 events link to some of our favourite areas of the school curriculum, Reading and Maths! Please build on this and spend time enjoying a good book with your child/ren this weekend and encourage them to spend time on TTRS.

I hope you have a lovely weekend

**Sophie McCabe**

**Executive Headteacher**

# ATTENDANCE

**Whole School 96%**  
**Reception – 97%**  
**Year 1 & 2 – 95%**  
**Year 3 & 4 – 94%**  
**Year 5 & 6 – 96%**

# DATES TO REMEMBER

**6/2/23—10/2/23**  
**Bikeability Training Years 5 & 6**

**6/2/23—12/2/23**  
**Children's Mental Health Week**

**7/2/23**  
**Safer Internet Day**

**16/2/23**  
**Kurling Sporting Event**

**23/1/23**  
**Wheel chair basketball day**

**20/2/23-24/2/23**  
**Half Term**

**2/3/23**  
**World Book Day 2023**

**6/3/23**  
**Forest School Trips**

**31/3/23**  
**End of Term**

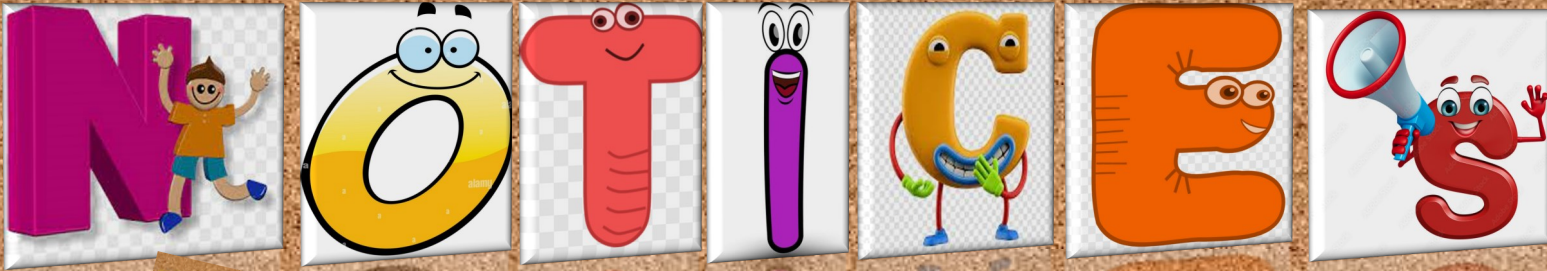


# SCHOOL LUNCH MENU

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

Sausage Roll & Potato Wedges	Chicken Pie & Mashed Potato	Roast Turkey with Roast Potatoes & Gravy	Lasagne & Garlic Bread	Fishfingers with Chips & tomato sauce
Mac & Cheese	Spicy Tomato Pasta	Cauliflower Cheese Pasta Bake	Vegetable Lasagne & Garlic Bread	Cheese & Onion Roll with Chips
Sweetcorn	Broccoli	Carrots Cauliflower	Green Beans	Peas Baked Beans
Iced Sponge	Chocolate Shortbread	Flapjack	Crispie Cake	Sponge & Custard

**Freshly cooked jacket potatoes / Fresh Bread / Fresh Fruit / Daily salad selection**



**SAVE the DATE**  
Safer Internet Day  
2023 | Tuesday  
7 February



**NATIONAL**  
**Storytelling**  
Week

**WORLD**  
**BOOK**  
**DAY**  
2 MARCH 2023



**Smile 4 Life**

For further information visit [smile4life.org.uk](http://smile4life.org.uk)

**ENCOURAGE HEALTHY EATING AND DRINKING**

- Avoid all foods and drinks containing sugar for sweets.
- Snack on fruit and/or vegetables between meals.
- Drink only milk and water between meals. Keep your mouth healthy.

**ENCOURAGE REGULAR TOOTHBRUSHING**

- Brush twice a day including last thing at night.
- Use a smear (under 3 years) or fluoride toothpaste (over 3 years) and brush for 2 minutes.
- Supervise brushing until at least 7 years of age.
- Spit don't rinse after brushing.

**ENCOURAGE THE PROMOTION OF A HEALTHIER LIFESTYLE**

- Do not smoke or use any form of tobacco.
- Keep alcohol consumption to recommended levels.

**VISIT A DENTIST REGULARLY**

- Children should visit a dentist from birth.
- Children who do not have regular visits at intervals of between 3 and 12 months.
- Ask your dentist about fluoride varnish.
- Young people and adults should be seen at regular intervals as advised by their dentist.
- For help in accessing an NHS dentist the excellent emergency care call your local PCT or local number.

The best way to help keep your teeth and mouth healthy is:

# GOOD WORK ASSEMBLY



Stars of the Week  
Well Done

Stars of the Week  
Caleb, Lily, Oakley, Aadya & Eileen



Good Work KS1  
Elsie & Poppy





# WORLD READ ALOUD DAY

Our children had lots of fun together on Wednesday 1st February. KS2 children loved reading out loud and sharing their books with early years. We hope you managed to take the opportunity to share this joy with your children too.



# NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

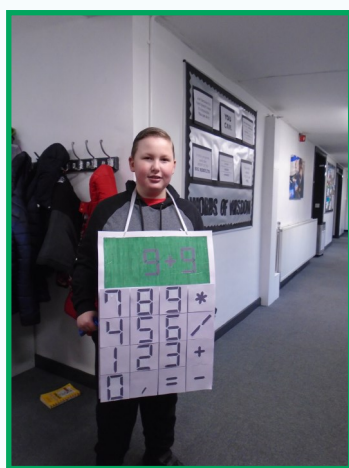


## WE RAISED £50.70

Thornhill Primary School supported the charity's Number Day 2023, which involved a fun-filled day of math's activities and games, while raising money to support this worthwhile charity.

The children and staff dressed up for the occasion by wearing themed t-shirts and an amazing variety of ideas for costumes with the numbers theme.

We would like to say a **HUGE** thank you to all involved in the event and the donations to the charity



# Glaramara

KS2 had a wonderful time at Glaramara. They took part in lots of outdoor and adventurous activities including ghyll scrambling, canoeing, climbing, orienteering and bush skills. Staff were impressed with their "have a go attitude" as well as their determination and perseverance skills. It was great to see them having fun and trying new activities. They should all be very proud of what they achieved.



Learning to climb

# Glara Mara



**Down time**



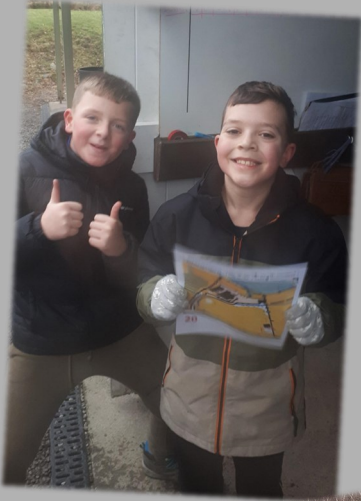
# Glara Mara

The great outdoors



# Glara Mara

What fun we had





# Smile 4 Life

For further  
information visit  
[smile4life.org.uk](http://smile4life.org.uk)

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way to  
help keep  
your teeth  
and mouth  
healthy is:

## ENCOURAGE HEALTHY EATING AND DRINKING

- Keep all foods and drinks containing sugar to mealtimes
- Snack on fruit and/or vegetables between meals
- Drink only milk and water between meals. Keep other drinks to mealtimes

## ENCOURAGE REGULAR TOOTHBRUSHING

- Brush twice a day including last thing at night
- Use a smear (under 3 years) or a pea-sized (over 3 years) amount of family fluoride toothpaste
- Supervise brushing until at least 7 years of age
- Spit don't rinse after brushing

## ENCOURAGE THE PROMOTION OF A HEALTHIER LIFESTYLE

- Do not smoke or use any form of tobacco
- Keep alcohol consumption to recommended levels

## VISIT A DENTIST REGULARLY

- Children should visit a dentist from birth
- Children should be seen regularly at intervals of between 3 and 12 months
- Ask your dentist about fluoride varnish
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This 'Brush Your Teeth' song by Super Kids Network is a great way to make teeth cleaning fun....link below

<https://youtu.be/EmSaUmOfPd8>



**SAVE the DATE**

**Safer Internet Day**

**2023** | Tuesday  
7 February

**Safer Internet Day 2023** is on 7th February, and will be celebrated with the theme **"Want to talk about it?"**

**"Making space for conversations about life online".**

Safer Internet Day is celebrated globally each year to promote the safe and positive use of digital technology for children and young people, and to inspire a national conversation about using technology responsibly, respectfully, critically, and creatively.

To find more information about Safer Internet Day and much more visit

**[www.saferinternet.org.uk](http://www.saferinternet.org.uk)**

**[Safer Internet Day 2023 - film for parents and carers - YouTube](https://www.youtube.com/watch?v=...)**

**<https://www.safesearchkids.com/7-simple-ways-to-teach-your-kids-about-cyber-security-and-online-risk-management/>**